

## ACTIVITIES TUESDAY, NOVEMBER 7

*Publishers will sign up for activities via the event survey on Monday, October 23. Sponsors should email [kgunther@admonsters.com](mailto:kgunther@admonsters.com) to register. Activities are available on a first-come, first-served basis and fill quickly.*

### CREOLE ODYSSEY BIKE TOUR 1:15 PM—5:00 PM

Wind your way through the Big Easy's oldest and most distinctive neighborhood. This flat and leisurely route takes you from the famous French Quarter to less-visited neighborhoods, learning about the city's rich history and modern culture along the way. Creole Odyssey also traces the city's expansion into its surrounding bayous. Enjoy an extended ride under the shade of regal Live Oak trees as we journey down the opulent Esplanade Ridge. After visiting St. Louis Cemetery #3, you will cruise past swampy vistas in City Park and traverse Bayou St. John, a historic waterway that was used by Native Americans and French settlers, and learn why it was so instrumental in our city's founding. **WEAR: Closed-toe athletic shoes and comfortable clothing**

### AIRBOAT SWAMP TOUR 1:15 PM—5:00 PM

This airboat adventure is half high speed ride, and half tour. You will travel at speeds of up to 40 mph, then slow down for unforgettable photo opportunities. The tour will take you through the narrow canals and then out onto the wide-open marshes for some fast-paced fun in the bayou. While most swamp tours go around the marsh, you'll travel right through it. Guides take you deep into bayou country to experience the ecological uniqueness of Louisiana's swamps. Luxuriant cypress, swamp willow and iris, sassafras and palmetto frame the verdant dominion of egret, alligator, raccoon, blue heron, muskrat and nutria. Gators will get close—real close!!! Enjoy cold bevs on the bus! **WEAR: Closed-toe flat shoes, sunblock, comfortable clothing.**

### FEED YOUR SOUL— MARDI GRAS SCHOOL OF COOKING 1:30 PM—5:15 PM

We all know that New Orleans is known for its food—so here's is your chance to learn how to make a roux for your Gumbo, BBQ some shrimp, and flambee some Bananas Foster! Learn the history behind these dishes, laugh at the Chef's stories, and learn chef secrets while you indulge in these historic staple dishes. You'll be able to head home afterwards and impress your friends and neighbors! Wine and beer are included with your class and food! **\*NOTE: Not for those with food allergies or limitations—dietary needs cannot be accommodated. WEAR: Closed-toe flat shoes are required—comfortable clothing recommended.**

### GARDEN DISTRICT & CEMETERY TOUR 2:00 PM—5:00 PM

Explore New Orleans' Garden District—an iconic neighborhood ripe with historic mansions, quirky indie boutiques, and world-renowned restaurants. You'll be transported down oak-lined streets and learn about this neighborhood's rich history. A refreshment break at a cute café as well as a quick stop at the Lafayette cemetery will round out the experience. **WEAR: A hat, good walking shoes and sunblock are recommended.**

### NOLA FOODIE WALKING TOUR OF THE FRENCH QUARTER 1:45 PM—5:00 PM

Embark on this walking culinary adventure to some of the most famous and most visited eateries in the French Quarter! We guide you to the best spots for tried-and-true Big Easy classics on this "bucket list" food tour: blue crab claws, boudin sausage, muffuletta, crawfish mac & cheese, and fried alligator are included in this menu, along with an adult beverage that holds a special connection to New Orleans. Plus, there will be a final stop at a local favorite dessert boutique where guests can choose their own sweet treat to finish off their tour! Behind every great food establishment in this city, there is an equally great story of tradition and innovation. On this food tour you can discover these amazing histories while tasting what has made these eateries so beloved by locals. **\*NOTE: Not for those with food allergies or limitations—dietary needs cannot be accommodated. WEAR: Good walking shoes and come hungry!**

### SPIRITS & SPIRITS 2:00 PM—5:00 PM

Looking for some "boos" with your "booze"? The Spirits and Spirits tour explores the grim and ghastly deeds of the old French Quarter, and then washes it down with some New Orleans cocktails or spirits. First, it's time to experience the secret and sinister events that occurred a very long time ago. Yes, ghosts and spirits still haunt the legendary Vieux Carré! Stop along the way to sip on delicious cocktails from some of the best bars in town as our expert guides lead you through the mysterious streets of the French Quarter. Believers and skeptics alike agree that this tour is the perfect way to add a little black magic to your trip to the "Big Easy." **WEAR: Good walking shoes**